

atosú

Restart Your Ambition



Fundamentals of Management

PROFESSIONAL DEVELOPMENT PROGRAMME FROM
Atosú

ACCEPTING BOOKINGS
Contact for complimentary
needs assessment

Strengthen your organisation from the core.

Achieve results, personally and through people.

The Fundamentals of Management (FOM) programme provides proven information to enable participants improve their management skills in their organisations.

Our approach combines facilitator-led education and classroom discussions, interactive workshops, assigned reading, reflection, real-life application and case studies.



By the end of this workshop, participants will:

- Learn how to manage themselves better
- Gain insight into how to motivate and align people in their teams
- Develop plans for immediate improvement
- Understand the organisational benefits of having professional management
- Gain a deeper understanding of how every organisation operates
- Provide insight into the basics of financial management

Contact us now at hello@atosu.ie



We offer a range of onsite and online programmes and courses at Atosú, addressing key themes for leaders who want to be at the cutting edge of an ever-changing world.



FOM empowers managers and leaders for the VUCA age (Volatile, Uncertain, Complex, Ambiguous)

While 'leadership' is essential to any cutting-edge organisation, FOM is borne from an understanding that great leadership requires a strong spine of professional management skills.

Our approach combines decades of industry and management expertise with methodical learning structure. Our facilitators are experienced, successful leaders of large and small organisations.

The modules cover:

- Managing Yourself
- Understanding Risk
- Effective Communication
- Achieving Through Others
- Competitive Positioning
- Basic Financials
- Stakeholder Engagement
- Financial / Quantitative Methods

Who should attend?

Anyone in a management role – from entrepreneurs and corporate executives to government and technical professionals.

While industry agnostic, those in tech, professional services, government (local to national), energy, manufacturing, defense, broadcasting/media and aviation will find it particularly valuable.

How is the programme delivered?

With no one size-fits-all training solution, we first explore and understand your needs. Our blended learning approach includes advanced preparatory work, followed by interactive workshops, facilitated at our [Tormay House](#) premises or your own location.

The minimum course length we recommend is 2 days. Extending to 4 days allows for more depth and participant understanding.



Our programmes are investments in you that pay dividends in life and job satisfaction, fresh creativity, effectiveness and so much more.



Cost

Standard cost per participant is €2,000.

We offer discounts for altruistic organisations and people.

Enquire today

Contact us at hello@atosu.ie to arrange a complimentary discovery session to assess the development needs of your people.

About Atosú

Atosú, named after the Gaelic word for 'restart', is an Irish Leadership Institute addressing a global audience. Atosú is about authentic, sustainable leadership and performance for a new world of constant change. We run onsite and online leadership programmes, and planning and creative activities that help you find clarity and calm.

From stillness comes action.



For further information:

Email: hello@atosu.ie

Web: atosu.ie

Phone: +353 1 524 0116

LinkedIn: [@atosu-leadership-institute](https://www.linkedin.com/company/atosu-leadership-institute)

Atosú
Tormay House
70 Clontarf Road
Clontarf
Dublin 3
D03 XC53
Ireland



We welcome you to join us at our beautiful and historic Tormay House premises recently renovated to the highest specifications. Overlooking Dublin Bay, this homely and modern space located just 3km from Dublin City Centre provides the perfect location to remote work, share ideas or simply have a coffee and chat.