

atosú

Restart Your Ambition



Leadership—Why Bother?

LEADERSHIP DEVELOPMENT PROGRAMME FROM
Atosú leadership institute

ACCEPTING BOOKINGS 2022
Contact for complimentary
needs assessment

Stop, Rest, Reflect, Restart.

Expand your awareness.

Discover the answers to today's challenges.

Through Atosú's flagship LWB programme, you can take time and space to look at the bigger questions of your life and leadership—and chart a new course. LWB is designed for leaders, entrepreneurs and those with ambition.

Our approach combines classroom learning, extra-curricular activities, peer to peer engagement and ongoing support to provide you with a unique personal development opportunity.



By the end of this programme, you will:

Embrace

A broader, sustainable leadership approach that supports high performance in an authentic environment

Expand

Your awareness and self-knowledge and enjoy more the ongoing challenges and opportunities in your life and career

Plan

For individual change with the development of an action plan

Change

Your life and career with a sustainable framework

Contact us now at hello@atosu.ie



We offer a range of onsite and online programmes and courses at Atosú, addressing key themes for leaders who want to be at the cutting edge of an ever-changing world.



LWB takes a novel approach with truly unique content.

LWB was developed using a combination of decades of industry and leadership expertise, methodical learning curriculum structure and timeless teachings. With it, you can discover more about yourself and those you lead to achieve greater, more sustainable results.

Our facilitators and teachers are a combination of business practitioners, leading academics, and guest speakers.

The classroom modules cover:

- Awareness
- Self-Awareness
- Alignment
- Materiality
- Authentic Leadership

How is the programme delivered?

We can tailor the delivery of the course to your individual or organisation's needs.

- Take time out to join us* for a week in Dublin, Ireland for a fully immersive experience
- Complete one or more of our modules remotely before completing the programme in-person
- Progress through the programme at your own pace through a fully remote, in-person or hybrid experience

**we can also travel to deliver the programme at your location*



Our programmes are investments in you that pay dividends in life and job satisfaction, fresh creativity, effectiveness and so much more.



Enquire today

About a complimentary discovery sessions to assess the development needs of your people.

Contact us now at hello@atosu.ie

About Atosú

Atosú, named after the Gaelic word for 'restart', is an Irish Leadership Institute addressing a global audience. Atosú is about authentic, sustainable leadership and performance for a new world of constant change. We run onsite and online leadership programmes, and planning and creative activities that help you find clarity and calm.

From stillness comes action.



For further information:

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We welcome you to join us at our beautiful and historic Tormay House premises recently renovated to the highest specifications. Overlooking Dublin Bay, this homely and modern space located just 3km from Dublin City Centre provides the perfect location to remote work, share ideas or simply have a coffee and chat.